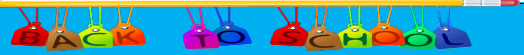


# August 2018 St. Benilde Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
Chicken and Sausage Jambalaya Seasoned Green Beans Southern Butter Roll or Calzones (cheese) Crinkle Fries Glazed Carrots Assorted Fruits Chilled Strawberries (Pre-K) Milk	Crispy or Soft Beef Taco Shred Cheese & Lettuce and Tomato or Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Smile Fries Golden Corn Fresh and Assorted Fruit Chilled Peaches (Pre-K) Cinnamon Roll and Milk	Lasagna Garlic Roll or Cheese & Pepparoni Pizza Shoestring Fries Creamed Spinach Assorted Fruit Chilled Mandarin Oranges (Pre-K) Milk	Red Beans & Rice Chicken Smackers Cornbread & Cauliflower w/ Cheese or Breaded Chicken Patty on Bun Lettuce/ Tomato/ Pickle Crinkle Fries & Baked Beans Fresh and Assorted Fruit Chilled Pears (Pre-K) Milk	Shepard's Pie or Chicken Nuggets Italian Salad Smile Fries Southern Butter Roll Assorted Fruit Chilled Tropical Fruit (Pre-K) Rice Krispie Milk
20	21	22	23	24
Beef Stew over Rice Seasoned Green Beans Southern Butter Roll or Breaded Chicken Patty on Bun Lettuce/Tomato/Pickle Shoestring Fries Carrot Souffle' & Assorted Fruits Chilled Pineapple (Pre-K) Milk	Crispy or Soft Beef Taco Shred Cheese & Lettuce and Tomato or Grilled Cheese Sandwich Crinkle Fries Golden Corn Fresh and Assorted Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll and Milk	Meatsauce & Spaghetti or Chicken Nuggets Smile Fries Broccoli w/Cheese Assorted Fruit Chilled Pears (Pre-K) Garlic Roll Milk	Red Beans & Rice Chix Smackers Pre-K Only & Saus Links Caesar Salad & French Bread or Hamburger on Bun w/wo Cheese Lettuce/ Tomato/ Pickle Baked Beans & Shoestring Fries Fresh and Assorted Fruit Chilled Applesauce (Pre-K) Milk	Chicken and Sausage Gumbo over Rice Fried Okra & Southern Butter Roll or Cheese and Pepparoni Pizza Crinkle Fries Green Peas Assorted Fruit Chilled Peaches (Pre-K) Brownie Milk
27	28	29	30	31
Chicken Nuggets Mac & Cheese & Seasoned Peas Southern Butter Roll or Calzones (pepparoni) Smile Fries Glazed Carrots Assorted Fruits Chilled Applesauce (Pre-K) Milk	Crispy or Soft Beef Taco Shred Cheese & Lettuce and Tomato or Chicken Nuggets Shoestring Fries Golden Corn Fresh and Assorted Fruit Chilled Pears (Pre-K) Cinnamon Roll and Milk	Meatballs & Red Gravy w/ Spaghetti Garlic Roll or Breaded Chicken Patty on Bun Lettuce/ Tomato/ Pickle Crinkle Fries Broccoli w/Cheese Assorted Fruit Chilled Peaches (Pre-K) Milk	Red Beans & Rice Chicken Smackers Caesar Salad & Cornbread or Cheese & Pepparoni Pizza Baked Beans & Smile Fries Fresh and Assorted Fruit Mandarin Oranges (Pre-K) Milk	Shrimp Archie Italian Salad & Southern Butter Roll or Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Shoestring Fries Seasoned Green Beans Assorted Fruit Chilled Strawberries (Pre-K) Cake Milk



# August 2018 St. Benilde Breakfast Cycle Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		8	9	10
		15	16	17
13	14	15	16	17
<p>Chicken Biscuit  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Pears (PreK)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Pancakes w/ Sausage Links  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Applesauce (Pre-K)                      Fresh fruit                      Potaoe Rounds                      Tomato Juice                      Milk</p>	<p>Scrambled Eggs with Sausage Patty &amp; Toast  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Strawberries (Pre-K)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>French Toast w/ Sausage Patty  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Peaches (Pre-K)                      Fresh fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Beignets &amp; Donuts  <b>AND</b>                      Grill Cheese Triangle (Pre-K)  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Mandarin Oranges (Pre-K)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>
20	21	22	23	24
<p>Sausage Biscuit  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Pears (Pre-K)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Waffle w/ Sausage Links  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Applesauce (Pre-K)                      Fresh fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Breakfast Pizza  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Strawberries (Pre-K)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Pancake Wrapped Sausage  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Peaches (Pre-K)                      Fresh fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Beignets &amp; Donuts  <b>AND</b>                      Grill Cheese Triangle (Pre-K)  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Mandarin Oranges (Pre-K)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>
27	28	29	30	31
<p>Chicken Biscuit  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Pears (PreK)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Pancakes w/ Sausage Links  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Applesauce (Pre-K)                      Fresh fruit                      Potaoe Rounds                      Tomato Juice                      Milk</p>	<p>Scrambled Eggs with Sausage Patty &amp; Toast  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Strawberries (Pre-K)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>French Toast w/ Sausage Patty  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Peaches (Pre-K)                      Fresh fruit                      Potato Rounds                      Tomato Juice                      Milk</p>	<p>Beignets &amp; Donuts  <b>AND</b>                      Grill Cheese Triangle (Pre-K)  <b>AND</b>                      Cereal &amp; Toast  <b>AND</b>                      Grits                      Assorted Fruit                      Chilled Mandarin Oranges (Pre-K)                      Fresh Fruit                      Potato Rounds                      Tomato Juice                      Milk</p>

