



## **ST. BENILDE ATHLETIC PROGRAM**

On behalf of the SBS coaching staff, I would like to welcome you to our Athletic Program. Please read the information below.

We encourage all students (3rd - 7th grade) to sign up early - before the season begins. We would like to form Junior and Senior teams if we have enough students interested in playing.

I am looking for parent volunteers to help coach some of the teams. If you are interested in coaching, you must take the Safe Environment Parent/Volunteer Workshop. For more information, please contact the school office.

Please return your signed parental consent and code of conduct forms to Coach Carlos Ochoa by the first day of school and review the athletics guidelines and policies with your child. They can be found in the student handbook.

### **COMPETITIVE SPORTS**

**FALL SPORTS: CROSS COUNTRY (3<sup>RD</sup>-7<sup>TH</sup> GRADE), BOYS FLAG FOOTBALL & GIRLS VOLLEYBALL (4<sup>TH</sup>-7<sup>TH</sup> GRADE)**

**WINTER SPORTS: BASKETBALL (4<sup>TH</sup>-7<sup>TH</sup> GRADE), SOCCER (4<sup>TH</sup>-7<sup>TH</sup> GRADE) & GIRLS FLAG FOOTBALL (5<sup>TH</sup> - 7<sup>TH</sup> GRADE)**

**SPRING SPORTS: CABBAGEBALL (4<sup>TH</sup>-7<sup>TH</sup> GRADE), BOWLING (3<sup>RD</sup>-7<sup>TH</sup> GRADE) & BOYS VOLLEYBALL (5<sup>TH</sup> - 7<sup>TH</sup> GRADE)**

**CHEERLEADING 4th - 7th grade: August -January.**

**RECREATIONAL SOCCER CLINIC: 1st - 3rd MARCH - APRIL**

All athletes are expected to wear the following to practices: PE apparel or SBS athletic practice t-shirt, and Athletic shoes according to their sports.

A schedule of practices, games and tournaments will be sent out at a later date.

Parents are asked to sign up to help in the concession stand during home games. Also if you like to donate some items (chips, candies, small water or sports drinks) for our concession stand, it will be greatly appreciated. We are encouraging all athletes to bring a large water bottle for practice.

We are asking all parents to wash the game uniforms in cold water and use a plastic hanger to air dry it. **DO NOT PLACE THE GAME UNIFORM IN THE DRYER.**

**THE ATHLETICS ACTIVITY FEES** will defray the cost of equipment, awards, officiating, league fees, meets, tournaments, etc.

Thank you for your cooperation and support,

Carlos Ochoa  
Athletic Director

**ST. BENILDE ATHLETIC PROGRAM 2018-2019**

**PARENTAL/GUARDIAN CONSENT FORM**

STUDENT'S NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_ DOB: \_\_\_\_\_

STUDENT'S NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_ DOB: \_\_\_\_\_

PARENT'S/GUARDIAN'S NAME: \_\_\_\_\_

CONTACT PHONE # CELL: \_\_\_\_\_ HOME: \_\_\_\_\_ EMER: \_\_\_\_\_

**\_\_\_\_\_ By Initialing, I AM GIVING MY APPROVAL THAT \$60.00 IN ATHLETIC ACTIVITY FEES WILL BE CHARGED TO MY FACTS ACCOUNT**

**WAIVER STATEMENT FOR YOUR REGISTRATION**

I, the parent/guardian of the registrant, agree that the registrant and I will follow the rules of the student handbook/athletic program. Recognizing the possibility of physical injury associated with this sport, I hereby release, hold harmless and agree to indemnify, St. Benilde School/Parish and the Archdiocese of New Orleans and their affiliated organizations, and all persons, officers, coaches, and officials, including the owners of the fields and facilities used for this programs, from any and all liability of every nature, kind and description as a result of any injuries, illness, hurt or damage sustained by registrant as a result of his/her participation in this program and /or being transported to or from the same.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRINT PARENTS/GUARDIANS NAME: \_\_\_\_\_

# CATHOLIC SCHOOL ATHLETIC LEAGUE

## PARENTS CODE OF ETHICS AND SPORTSMANSHIP

*“The welfare of the game depends on how the coaches, students, and parents live up to Christian Values and the spirit and letter of ethical conduct.”*

### IS THE DUTY OF ALL CONCERNED WITH THE CATHOLIC SCHOOL ATHLETIC LEAGUE

1. To emphasize the proper Christian ideals, values, sportsmanship, ethical conduct and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and host.
6. To respect the integrity and judgement of sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative, and good judgement by players on the team.
9. To stress values derived from being a supportive and contributing member of a team.
10. To recognize that the purpose of athletics is to promote physical, mental, moral, social and emotional well-being for all players.
11. To remember that an athletic contest is only a game, not a matter of life or death for a player, coach, official, fan, community, state or nation.

We hereby agree to uphold this Code of Ethics in every game and practice that I participate in or am a spectator at. I also understand that violating the Code of Ethics could result in my child being dismissed from his / her team and /or CSAL Sports.

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parents  
Names: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_