



September 2017 Elementary Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
4 	5 Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	6 Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	7 French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	8 Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
11 Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	12 Pancakes w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	13 Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	14 Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	15 Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
18 Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	19 Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	20 Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	21 French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	22 Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
25 Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	26 Pancakes w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	27 Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	28 Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	29 Beignets & Donuts AND Grill Cheese Triangle (Pre -K) AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
 HAPPY LABOR DAY				 HAPPY LABOR DAY

September 2017 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pork Chop Mashed Potatoes w/Gravy Seasoned Green Beans Chilled Strawberries Southern Butter Roll Cake Milk
4 	5 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Mandarin Oranges (PreK Only) Cinnamon Roll Milk	6 Meatsauce Spaghetti Cauliflower w/Cheese Chilled Applesauce Garlic Roll Milk	7 Red or White Beans w Sausage Links (Chicken Smackers for PreK only) Rice Popeye Salad Fresh Fruit Chilled Strawberries (PreK Only) French Bread Milk	8 Western Day Hamburgers Hot Dogs Baked Beans Shoestring Fries Chilled Pears Brownies Milk 
11 Chicken & Sausage Jambalaya Seasoned Green Beans Glazed Carrots Chilled Strawberries Southern Butter Roll Milk	12 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peaches (PreK Only) Cinnamon Roll Milk	13 Watermelon Nutrition Day Lasagna Creamed Spinach Chilled Mandarin Oranges Garlic Roll Milk 	14 Red Beans w Chicken Smackers Rice Cauliflower w/Cheese Fresh Fruit Chilled Mandarin Oranges (PreK Only) Cornbread Milk	15 Shepherd's Pie Italian Salad Chilled Tropical Fruit Southern Butter Roll Rice Krispie Milk
18 Beef Stew Rice Carrot Soufflé Seasoned Green Beans Chilled Mixed Fruit Southern Butter Roll Milk	19 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Mandarin Oranges (PreK Only) Cinnamon Roll Milk	20 Meatsauce Spaghetti Broccoli w/Cheese Chilled Pears Garlic Roll Milk	21 Red Beans w Sausage Links (Chicken Smackers for PreK only) Rice Caesar Salad Fresh Fruit Chilled Applesauce (PreK Only) French Bread Milk	22 Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Peaches Southern Butter Roll Brownie Milk
25 Chicken Strips Mac and Cheese Glazed Carrots Seasoned Green Peas Chilled Applesauce Southern Butter Roll Milk	26 Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Pears (PreK Only) Cinnamon Roll Milk	27 Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Chilled Peaches Garlic Roll Milk	28 Red Beans w Chicken Smackers Rice Caesar Salad Fresh Fruit Applesauce (PreK Only) Cornbread Milk	29 Pork Chop Mashed Potatoes w/Gravy Seasoned Green Beans Chilled Strawberries Southern Butter Roll Cake Milk
				



September 2017 Elementary Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				Hot Dog w/wo Chili Seasoned or Italian Green Beans ShString or Crinkle Fries Chilled Strawberries Cake Milk
4	5	6	7	8
	Grilled Cheese Sandwich Baby Carrots Corn Fresh Fruit Mandarin Oranges (PreK only) Cinnamon Roll Milk	Calzonettes Seasoned Green Beans Sweet Potato Fries Applesauce Milk	Hot Ham w/wo cheese sandwich on Bun or Pobooy Green Peas ShString or Crinkle Fries Fresh fruit Chilled Strawberries (PreK only) Milk	Chicken Nuggets Baked Beans Popeye Salad Chilled Pears Southern Butter Roll Brownie Milk
11	12	13	14	15
Cheese & Pepperoni Pizza Regular Glazed Carrots ShString or Crinkle Fries Chilled Strawberries Milk	Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Corn Fresh Fruit Chilled Peaches (PreK Only) Cinnamon Roll Milk	Boneless Wings Creamed Spinach ShString or Crinkle Fries Chilled Mandarin Oranges Garlic Roll Milk NUTRITION DAY WATERMELON 	Breaded Chicken (Spicy) Patty on Bun Lettuce/Tomato/Pickle Baked Beans Fresh Fruit Chilled Pears (PreK only) Milk	Calzonettes Italian Salad ShString or Crinkle Fries Chilled Tropical Fruit Rice Krispie Milk
18	19	20	21	22
Chicken Nuggets Sweet Potato Fries Seasoned Green Beans Chilled Mixed Fruit Southern Butter Roll Milk	Grilled Cheese Sandwich ShString or Crinkle Fries Corn Fresh Fruit Chilled Mandarin Oranges (PreK Only) Cinnamon Roll Milk	Breaded Chicken (Spicy) Patty on Bun Lettuce/Tomato/Pickle Broccoli w/Cheese Chilled Pears Milk	Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Baked Beans Fresh Fruit Chilled Applesauce (PreK Only) Milk	Cheese & Pepperoni Pizza w/Rolled Edge Seasoned Peas ShString or Crinkle Fries Chilled Peaches Brownie Milk
25	26	27	28	29
Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Glazed Carrots Chilled Applesauce Fresh Fruit Milk	Boneless Wings Garden Salad Corn Fresh Fruit Chilled Pears (PreK only) Cinnamon Roll Milk	Breaded Chicken Patty on Bun Lettuce/Tomato/Pickle Broccoli w/Cheese Chilled Peaches Milk	Cheese & Pepperoni Pizza w/Rolled Edge Baked Beans ShString or Crinkle Fries Fresh Fruit Applesauce (PreK only) Milk	Hot Dog w/wo Chili Seasoned Green Beans Tots, ShString, Crinkle or Smile Fries Chilled Strawberries Cake Milk
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