



October 2017 Elementary Breakfast Menu



Monday		Tuesday		Wednesday		Thursday		Friday	
2	Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	3	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	4	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	5	French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	6	Beignets & Donuts AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
9	Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	10	Pancakes w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	11	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	12	Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	13	Beignets & Donuts AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
16	Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	17	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	18	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	19	French Toast w/ Sausage Patty AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	20	Beignets & Donuts AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
23	Chicken Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	24	Pancakes w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk	25	Scrambled Eggs with Sausage Patty & Toast AND Cereal & Toast AND Grits Chilled Strawberries Fresh Fruit Potato Rounds Tomato Juice Milk	26	Pancake Wrapped Sausage AND Cereal & Toast AND Chilled Peaches Fresh Fruit Potato Rounds Tomato Juice Milk	27	Beignets & Donuts AND Cereal & Toast AND Chilled Mixed Fruit Fresh Fruit Potato Rounds Tomato Juice Milk
30	Sausage Biscuit AND Cereal & Toast AND Grits Chilled Pears Fresh Fruit Potato Rounds Tomato Juice Milk	31	Waffle w/ Sausage Links AND Cereal & Toast AND Chilled Applesauce Fresh Fruit Potato Rounds Tomato Juice Milk						



October 2017 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	
<p>2</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Chilled Pineapple Southern Butter Roll Milk</p>	<p>3</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Mandarin Oranges (PreK Only) Cinnamon Roll Milk</p>	<p>4</p> <p>Meatsauce Spaghetti Cauliflower w/Cheese Chilled Applesauce Garlic Roll Milk</p>	<p>5</p> <p>Red Beans w Sausage Links Chicken Smackers PreK only Rice Popeye Salad Fresh Fruit Chilled Strawberries (PreK Only) French Bread Milk</p>	<p>6</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Peas Southern Butter Roll Cookie Milk</p>	
<p>9</p> <p>Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Glazed Carrots Chilled Strawberries Southern Butter Roll Milk</p> 	<p>10</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peaches (PreK Only) Cinnamon Roll Milk</p>	<p>11</p> <p>Lasagna Creamed Spinach Chilled Mandarin Oranges Garlic Roll Milk</p> <p>NATIONAL SCHOOL LUNCH WEEK OCT 9-13TH</p>	<p>12</p> <p>Red Beans w/ Chicken Smackers Rice Cauliflower w/Cheese Fresh Fruit Chilled Peas (PreK Only) Cornbread Milk</p>	<p>13</p> <p>Shepherd's Pie Italian Salad Chilled Tropical Fruit Southern Butter Roll Rice Krispie Milk</p> 	
<p>16</p> <p>Beef Stew Rice Carrot Souffle Seasoned Green Beans Chilled Mixed Fruit Southern Butter Roll Milk</p>	<p>17</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Mandarin Oranges (PreK Only) Cinnamon Roll Milk</p>	<p>18</p> <p>Meatsauce Spaghetti Broccoli w/Cheese Chilled Peas Garlic Roll Milk</p> <p>NUTRITION DAY SPAGHETTI SQUASH</p> 	<p>19</p> <p>Red Beans w Sausage Links (Chicken Smackers for PreK only) Rice Caesar Salad Fresh Fruit Chilled Applesauce (PreK Only) French Bread Milk</p>	<p>20</p> <p>Chicken and Sausage Gumbo Rice Potato Salad Seasoned Green Peas Chilled Peaches Southern Butter Roll Brownie Milk</p>	
<p>23</p> <p>Chicken Strips Mac and Cheese Glazed Carrots Seasoned Green Peas Chilled Applesauce Southern Butter Roll Milk</p>	<p>24</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peas (PreK Only) Cinnamon Roll Milk</p>	<p>25</p> <p>Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Chilled Peaches Garlic Roll Milk</p>	<p>26</p> <p>Red/White Beans w/ Chicken Smackers Rice Caesar Salad Fresh Fruit Applesauce (PreK Only) Cornbread Milk</p>	<p>27</p> <p>Pork Chop Mashed Potatoes w/Gravy Seasoned o Green Beans Chilled Strawberries Southern Butter Roll Cake Milk</p>	
<p>30</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Souffle Chilled Pineapple Southern Butter Roll Milk</p>	<p>31</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Lettuce & Chopped Tomato Golden Corn Fresh Fruit Mandarin Oranges (PreK Only) Cinnamon Roll Milk </p> <p>Milk</p>	<p>NATIONAL SCHOOL LUNCH WEEK</p> <p>OCTOBER 9-13, 2017</p> 			



October 2017 Elementary Sandwich Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Breaded Chicken (Spicy)Patty ON Bun Lettuce/Tomato/Pickle Tots,ShString,CrinkleorSmileFries Chilled Pineapple Milk</p>	<p>3</p> <p>Grilled Cheese Sandwich Baby Carrots Corn Fresh Fruit Chilled MandarinOranges(PreK only) Cinnamon Roll Milk</p>	<p>4</p> <p>Calzonettes Seasoned or Italian Green Beans Sweet Potato Fries Applesauce Milk</p>	<p>5</p> <p>Chicken Nuggets Baked Beans Popeye Salad Fresh Fruit Chilled Strawberries (PreK only) French Bread Milk</p>	<p>6</p> <p>Hot Ham w/wo Cheese Sandwich on Bun Seasoned Green Peas Tots,ShString,CrinkleorSmileFries Chilled Pears Cookie Milk</p>
<p>9</p> <p>Cheese & Pepperoni Pizza Regular Glazed Carrots Tots,ShString,CrinkleorSmileFries Chilled Strawberries Milk</p>	<p>10</p> <p>Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Corn Fresh Fruit Chilled Peaches (PreK Only) Cinnamon Roll Milk</p>	<p>11</p> <p>Boneless Wings Creamed Spinach Tots,ShString,CrinkleorSmileFries Chilled Mandarin Oranges Garlic Roll Milk</p>	<p>12</p> <p>Breaded Chicken Patty on Bun Lettuce/Tomato/Pickle Baked Beans Fresh Fruit Chilled Pears (PreK only) Milk</p>	<p>13</p> <p>Calzonettes Italian Salad Tots,ShString,CrinkleorSmileFries Chilled Tropical Fruit Rice Krispie Milk</p>
<p>16</p> <p>Chicken Nuggets Sweet Potato Fries Seasoned Green Beans Chilled Mixed Fruit Southern Butter Roll Milk</p>	<p>17</p> <p>Grilled Cheese Sandwich Tots,ShString,CrinkleorSmileFries Corn Fresh Fruit Chilled MandarinOranges(PreKOnly) Cinnamon Roll Milk</p>	<p>18</p> <p>Breaded Chicken Patty On Bun Lettuce/Tomato/Pickle Broccoli w/Cheese Chilled Pears Milk</p>	<p>19</p> <p>Hamburger on Bun w/ wo Cheese Lettuce/Tomato/Pickle Baked Beans Fresh Fruit Chilled Applesauce (PreK Only) Milk</p>	<p>20</p> <p>Cheese & Pepperoni Pizza w/ Rolled Edge Seasoned Green Peas Tots,ShString,CrinkleorSmileFries Chilled Peaches Brownie Milk</p>
<p>23</p> <p>Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Glazed Carrots Chilled Applesauce Fresh Fruit Milk</p>	<p>24</p> <p>Boneless Wings Caesar Salad Corn Fresh Fruit Chilled Pears (PreK only) Cinnamon Roll Milk</p>	<p>25</p> <p>Breaded Chicken Patty on Bun Lettuce/Tomato/Pickle Broccoli w/Cheese Chilled Peaches Milk</p>	<p>26</p> <p>Cheese & Pepperoni Pizza w/ Rolled Edge Baked Beans Tots,ShString,CrinkleorSmileFries Fresh Fruit Applesauce (PreK only) Milk</p>	<p>27</p> <p>Hot Dog w/wo Chili Seasoned or Italian Green Beans Tots,ShString,CrinkleorSmileFries Chilled Strawberries Cake Milk</p>
<p>30</p> <p>Breaded Chicken (Spicy)Patty on Bun Lettuce/Tomato/Pickle Tots,ShString,CrinkleorSmileFries Chilled Pineapple Milk</p>	<p>31</p> <p>Grilled Cheese Sandwich Baby Carrots Corn Fresh Fruit Mandarin Oranges (PreK only) Cinnamon Roll Milk</p>	<p></p> <p>NATIONAL SCHOOL WEEK</p> <p>OCTOBER 9-13, 2017</p> <p></p>		