

## **ST. BENILDE ATHLETIC PROGRAM 2016-17**

Dear Parents, Guardians and Students,

We are excited for another year of success and progress in athletics at St. Benilde School!

This year, we are expecting to have both Junior and Senior teams. I am especially encouraging all fourth graders to participate in our competitive sports. I am also looking for parent volunteers to help coach some of the teams. If you are interested in coaching, you must take the **Safe Environment Parent/Volunteer Workshop** on Monday, August 8 at St. Agnes School (7:00 p.m.) or Tuesday, August 9 at Holy Name of Jesus School (6:30 p.m. ) For more info, please contact Sr. Mary Ellen Wheelman at 504-861-6278. If you cannot make either of the workshops or have other questions, please contact me by email ([cochoa@stbenilde.com](mailto:cochoa@stbenilde.com)) by August 5th.

Please review the student handbook with your child about athletics guidelines and policies. Your annual Athletic Booster fee will help to defray the cost of officials, league fees, equipment, and some expenses that may occur during the season.

Sincerely,

Carlos Ochoa  
Athletic Director

### **Middle School Competitive Sports**

#### **Fall Sports (August – October)**

**G/B Cross Country (3-7 grade), Girls Volleyball, Cheerleading (year around) and Boys Flag Football.**

#### **Winter Sports (October – January)**

**G/B Basketball, Coed Soccer**

**Boys Volleyball (two days tournament only)**

#### **Spring Sports (February - May):**

**G/B Cabbageball, G/B Bowling and Boys Volleyball (one day tournament only)**

#### **SPRING CLINICS (non-competitive)**

**Soccer K – 3 grade and Fencing 4 – 7 grade**

#### **General Information:**

Show your school spirit. All athletes are expected to wear the following to practices: SBS PE apparel or team practice t-shirt, and athletic shoes appropriate for the sport. A schedule of games and tournaments will be sent out later.

Parents are asked to volunteer to sell concessions during home games. Also, if you would like to donate items, it will be really appreciated.